

LEFT SOLE

Chinese Reflexology Points

Hint: Go across and down to find the points.



Sinus



Brain
(big toe pad)



Temporal Area



Neck



Ear



Lung



Stomach



Pancreas



Adrenal Gland



Heart



Transverse Colon



Small Intestine



Bladder



Sigmoid Colon



Nose



Pituitary
(big toe pad)



Parathyroid



Eye



Thyroid



Shoulder



Duodenum



Solar Plexus



Kidney



Spleen



Ureter Tube



Descending Colon



Anus/Rectum

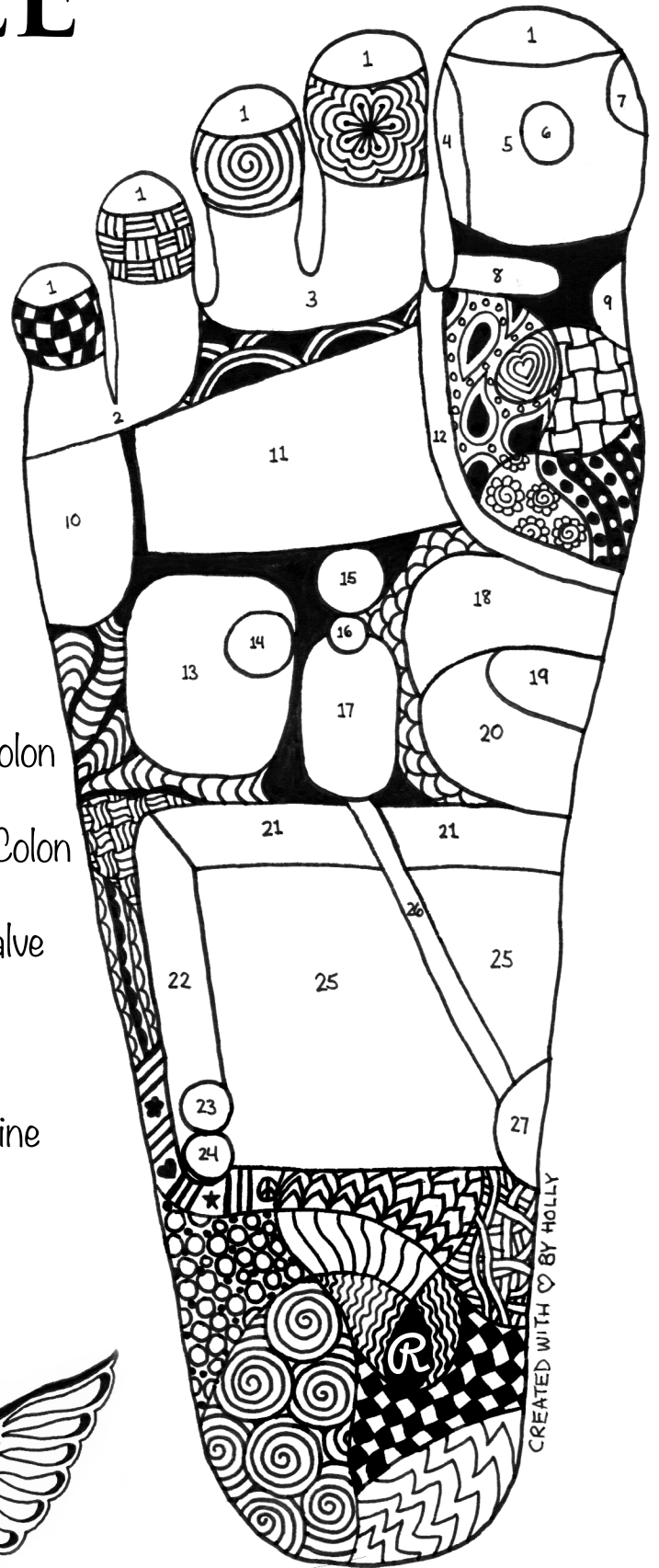


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RIGHT SOLE

Chinese Reflexology Points

- | | |
|---|---|
| <input type="checkbox"/> 1. Sinus | <input type="checkbox"/> 15. Solar Plexus |
| <input type="checkbox"/> 2. Ear | <input type="checkbox"/> 16. Adrenal |
| <input type="checkbox"/> 3. Eye | <input type="checkbox"/> 17. Kidney |
| <input type="checkbox"/> 4. Temporal Area | <input type="checkbox"/> 18. Stomach |
| <input type="checkbox"/> 5. Brain | <input type="checkbox"/> 19. Pancreas |
| <input type="checkbox"/> 6. Pituitary | <input type="checkbox"/> 20. Duodenum |
| <input type="checkbox"/> 7. Nose | <input type="checkbox"/> 21. Transverse Colon |
| <input type="checkbox"/> 8. Neck | <input type="checkbox"/> 22. Ascending Colon |
| <input type="checkbox"/> 9. Parathyroid | <input type="checkbox"/> 23. Ileocecal Valve |
| <input type="checkbox"/> 10. Shoulder | <input type="checkbox"/> 24. Appendix |
| <input type="checkbox"/> 11. Lung | <input type="checkbox"/> 25. Small Intestine |
| <input type="checkbox"/> 12. Thyroid | <input type="checkbox"/> 26. Ureter Tube |
| <input type="checkbox"/> 13. Liver | <input type="checkbox"/> 27. Bladder |
| <input type="checkbox"/> 14. Gall Bladder | |



YOUR SOUL
IS BEAUTIFUL!

